

CURRICULUM VITAE

Our experience in waterbirth, aquatic prenatal preparation and waterbabies : 25 years.

We have been training more than 150 professionals from all over Europe and USA.

Our approach includes Watsu, Hata Yoga, Mantra Yoga, Tantric Yoga and Hapthonomy

We have been trained also by René Depelseneer (Consult our CV's) a belgian pioneer who started aquatic prenatal 40 years ago

Yves De Smedt

Address : Strandlaan 6
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Nationality : belgian

Place and date of birth: Brussels, 19 november 1947

Studies: Greco-latin humanities 1968
Psychology at the Université Catholique de Louvain 1968-69
Research in behaviouristic psychology (Gregory Bateson, School of Palo Alto)

Travels: Visiting more than 50 countries across the five continents since 1959.

Professional activities:
Manager in hostelry and restaurants since 1971.
President, manager and co-ordinator of the Associations Aquarius and Aquanatal since 1987.

Activities within the Associations Aquarius –Aquanatal:

Founder of the Associations Aquarius (1987) and Aquanatal (1992).

He elaborates a synthesis of the aquatic prenatal preparation, acclimatisation to the water of the babies around the work of Dr. Herman Ponette and his waterbirths.

Inspiring the first fully aquatic maternity in the world in Ostend (Belgium).

Public relations: informations, contacts with obstetricians, midwives, journalists...

Publisher of several brochures among which: "Water birth in the 21th century".

Producer and director of several videos of Aquarius-Aquanatal since 1988, such as : "Waterbirth in the 21th century" and "aquatic prenatal and water-acclimatisation of the babies".

Impresario to cede movie pictures to TV channels of several nationalities : Belgian, French, German , American (ABC News; National geographic).

Co-ordinator and teacher for the education programs of aquatic prenatal preparation, water birth and water-acclimatisation of the babies.

Co-ordinator of the research with many obstetricians, midwives and searchers like the apneist diver Jacques Mayol To study the possibilities of water birth in natural surrounding in presence of dolphins. Therefore, travels have been organised: in Brazil in the Archipelago of Fernando De Norhonia, in Spain at Barcelona, in Belize (Central America) , in the Canary Islands (Spain) and in the Tonga Islands (Oceania).

Conferences and meetings:

1988 Ostend (Belgium), Hôtel Bero:

" Accouchement dans l'eau et bébés de l'eau"

1988 Paris (France), Chalet du lac :

« Naître dans l'eau »

1989 Amsterdam (Holland), « The laughing man Institute »:

"Onderwaterbevalling"

1989 Berlin (Germany) "Water birth"

1991 University of Recife (Brazil) organised by the association of the gynecologists and obstetricians of the State of Pernambuco: “Parto sub- aquatico”.

1993 La Louvière (Belgium): day of the union of Belgian Midwives: “La naissance aquatique”.

1996 Santa Fe (New Mexico, USA):
“Aquatic neo-natal and birth experiences”

1996 Brussels (Belgium) : Palais des Congrès:
5th International Dolphin and Whale conference :
“1500 water births at the Ostend maternity unit, under water births project, at sea, in the presence of dolphins”.

1999 Paris, Versailles (France): « 8 ième conférence Internationale des dauphins et des baleines » :
« Les accouchements dans l’eau en milieu naturel ».

2003 Avignon (France), Palais des Papes : Festival tendresse
« L’accouchement dans l’eau au 21^{ième} siècle ».

2005 Brussels (Belgium) Hôpital St Luc (Université Catholique de Louvain) : « L’accouchement dans l’eau ».

2007 « les accouchements dans l’eau au 21^{ième} siècle «
« Alternatives », Ath , Belgium

2008 (December) « waterbirth in the 21st century « Porto (Portugal)

Congress :

1993 St Giron (France) : Premières journées françaises des naissances aquatiques : « L’eau avant, pendant et après l’accouchement ».

2001 Praha (Tchec Republic): Bringing babies to the world : “Water birth”.

Isabelle Gabriels

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Nationality: Belgian

Place and date of birth: Brussels, 8 october 1954

Diploma:

- 1977 Master degree in biology (zoology)
Option: ecology and systematic at
the Vrije Universiteit Brussel (Brussels University)
- 1979 Certificate for teaching (Brussels University)
- 1980 Postgraduate certificate in marine ecology
(Belgian national foundation) University of
Antwerp, University of Gent, University of Liège,
University of Brussels, University of Laval (Quebec,
Canada).
- 1988 Graduated certificate of hydrobiophely:
Aquatic prenatal. Centre de recherches d'études
appliqués de l'institut Supérieur pour Auxiliaires de la
médecine at Brussels.
- 1995 Certicates of Watsu I (Water shiatsu), Watsu II and
Watsu III.

Professional experiences:

From 1977 to 1980 Assistant and researcher at the
University of Antwerp, biochemistry lab of Professor
Decler. Study object: study of a marine ecosystem.
(Projet du Fond Collectif de la Recherche Scientifique
Fondamentale).

1979 Member of the administration counsel of IZWO
(Institute for scientific marine research).

From 1981 to 1982 Assistant in biologie (Professor
Suzanne) and Botanic (Professor Dejaere) at the Vrije
Universiteit Brussels for students in the first year of
medicine.

1983 Guide at Belgian museum for Natural sciences.
Since 1988 teacher of aquatic prenatal preparation and
water-acclimatisation for babies in Ostend (Belgium) .

Teacher during the following workshops:

From 1978 to 1981 assistant during the workshops of
ecophysiology and systematic at the Maritime Institute
of Wimereux (France) for the students of biology.

Since 1988 directed each year several Aquarius
aquatic education programs for professionals
(midwives, kinesists , doctors, psychologists...), who

want to give aquatic prenatal preparation lessons and water-acclimatisation for babies.

Publications:

1979 Aerobic and anaerobic respiration of adult *Artemia Salina* (L) acclimated to different oxygen concentrations. *Comp Biochem. Physiol.* Vol. 62 App 545-548.

1988 “Aquarius vers une synhèse mondiale”
Which the collaboration of Yves De Smedt.

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1988 Ostend (Belgium), Hôtel Bero:
“ Accouchement dans l’eau et bébés de l’eau”
1988 Paris (France), Chalet du lac :
« Naître dans l’eau »
1989 Amsterdam (Holland), « The laughing man Institute »:
“Onderwaterbevalling”
1989 Berlin (Germany) “Water birth”
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1993 La Louvière (Belgium): day of the union of Belgian Midwives: “La naissance aquatique”.
1993 Paris (France) : Centre culturel A.M.O.R.C :
« L’accouchement aquatique un pas vers l’Homo Delphinus écologique ».
1996 Santa Fe (New Mexico, USA):
“Aquatic neo-natal and birth experiences”
1996 Brussels (Belgium) : Palais des Congrès:
5th International Dolphin and Whale conference:
“1500 water births at the Ostend maternity unit, under water births project, at sea, in the presence of dolphins”.
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2003 Avignon (France), Palais des Papes : Festival tendresse
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2005 Brussels (Belgium) Hôpital St Luc (Université Catholique de Louvain) : « L’accouchement dans l’eau ».
2008 (December) « Waterbirth in the 21st century « Aquatic prenatal preparation. Porto (Portugal)

Congres :

1993 St Girons (France) : Premières journées françaises des naissances aquatiques : « L'eau avant, pendant et après l'accouchement ».

2001 Praha (Tchec Republic): Bringing babies to the world: "Water birth".